

For the Children of Foreign Residents

This is a summary of necessary parenting information for the benefit of foreign residents.

For more information on all aspects of living in Osaka, please refer to A Guide to Living in Osaka, a booklet with information for foreign nationals currently residing in Japan, and to the official websites of Osaka City Government and Osaka International House.

◆Osaka City Homepage <https://www.city.osaka.lg.jp/>

◆Osaka International House Homepage <http://www.ih-osaka.or.jp/>

When pregnant...

1 Issuance of a Mother and Child Health Record Book (Boshi Kenko Techo)

Upon submitting a Pregnancy Notification Form (Ninshin Todokesho) to the health and welfare center in your local ward, you will be issued a Boshi Kenko Techo, a health record book for the mother and children.

2 Health Exams for Expectant Mothers

Please submit both the “Mother and Child Health Handbook” and “Expectant Mothers Health Exam Record.” Please turn those in at a medical institution appointed by Osaka City Government and make sure to have consistent health check-ups.

If you wish to be examined at a hospital not delegated by Osaka City Government, please consult beforehand.

After delivery of the baby...

1 Submit a Notification of Birth(Shussei Todoke)

When your child is born, please submit a Notification of Birth (Shussei Todoke) within 14 days, and receive a Certificate of Acceptance of Notification of Birth (Shussei Todoke Juri Shoumeisho).

Required Documents

Notification of Birth (Shussei Todoke), Birth Certificate (Shussei Shoumeisho) (issued by the hospital), Mother and Child Health Record Book (Boshi Kenko Techo), and National Health Insurance Certificate (Kokumin Kenko Hoken Hihokenshasho) (enrollees only).

*Please submit the Birth Notification Sheet (Shussei Renrakuhyo) that is attached to your Mother and Child Health Record Book.

Application Destination

Your local ward office
→page 5,46

2 Application for Issuance of Passport

Please apply at the Embassy or at a consulate for your country. (The documents required will depend on the country.)

3 Application for Permission to Acquire Status of Residence

Please apply at the Immigration Bureau within 30 days after birth.

Required Documents

Certificate of Acceptance of Notification of Birth (Shussei Todoke Juri Shoumeisho), both parents' passports, both parents' Residence Cards, a copy of Certificate of Residence (Juminhyo)

4 Enrollment in Health Insurance

Please perform the procedure to include your child into the parent's health insurance. If you are an enrollee in National Health Insurance, please perform the procedure at your local ward office. If you belong to insurance through your company, please perform the procedure at your place of work.

5 Child-care Allowance

You may receive a child-care allowance until your child graduates from junior high school (until the first March 31st after becoming 15 years old).→ page 8

Allowance Amounts

- Less than 3 years old / ¥15,000 per month
- From 3 years old to before completion of elementary school / ¥10,000 per month (¥15,000 per month after the third child)
- Junior high school student / ¥10,000 per month

Application Destination

The health and welfare center in your local ward →page 46

6 Provision of Lump-sum Childbirth Allowance

Mothers who are registered under a health insurance program are eligible to receive the Lump-sum Childbirth Allowance. If you are registered under the National Health Insurance, please apply for it at your local ward office. If you are registered under the Employees' Health Insurance, please consult with your company to apply. This allowance can be used to pay for childbirth expenses, so please consult directly with the hospital or medical institution where you are planning to deliver the baby. → page 6

7 Medical Expense Assistance for Children

From birth to 18 years of age (up until March 31st after the 18th birthday), a portion of the child's medical fees are subsidized. (Income restrictions may apply)

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8 Health Examinations and Vaccinations for Young Children

Regular health examinations (at 3 months, 18 months and 3 years of age) and a variety of vaccinations for young children are available for free. →page 5, 6

Application Destination The health and welfare center in your local ward →page 46

9 Parenting Support Facilities

There are local facilities where you can easily receive counselling as well as interact with other families. Please feel free to make use of these.

Inquiries Gender Equality Center
Parenting Activities Support Hall →page 27

Day-care Center, Kindergartens and Certified Children's Center Regional Childcare Services

1 Day-care Centers, Certified Children's Centers (Certified for Childcare)

These facilities accept pre-elementary school children in cases in which the guardians are unable watch the children at home due to work, illness, etc. The childcare service fee will be decided based on the household's total municipal tax amount.

2 Regional Childcare Services

If parents/guardians cannot provide necessary childcare in the home due to work or illness related reasons, the regional childcare service is available to look after a few number of small children who are 2 years old or

younger. The childcare service fee will be decided based on the household's total municipal tax amount.

Application Destination The health and welfare center in your local ward →page 46

3 Kindergarten, Certified Children's Centers (Certified for Standard Education Time)

These are educational facilities for children from 3 years of age until entering elementary school. There are long vacation periods during which the facilities are closed, such as during the summer, etc.

Application Destination Municipal kindergartens →page 16

Information and counseling for foreign residents (Free Counseling)

Counseling Services	Description/Open hours	Contact Details
Civic Counseling Information Services	<p>Counseling, etc. on a variety of topics related to daily life. Available in multiple languages.</p> <p>◎Osaka International House (General Counseling) 🕒 9:00~21:00 (Closed during New Year's holidays.)</p> <p>◎Agents in charge of foreign language ward administration counseling at ward offices and civic counseling offices. (Municipal and Ward Administration Counseling) 🕒 9:00~17:30 (Closed on Saturdays, Sundays, national holidays and during New Year's holidays.)</p> <p>◎English, Chinese and Korean : Everyday</p>	<p>Osaka International House ☎6773-6533 8-2-6 Uehonmachi, Tennoji Ward (Subway: "Tanimachi 9-chome" Station, Kintetsu: "Uehonmachi" Station)</p> <p>Civic Counseling Office (Municipal Administration Counseling) ☎6208-5080 City Hall 1F, 1-3-20 Nakanoshima, Kita Ward (“Yodoyabashi” Station of Subway and Keihan)</p> <p>Agents in charge of foreign language ward administration counseling at ward offices (Municipal Counseling) →page 46</p>
Legal Counseling	<p>Counseling summarizing Japanese domestic law regarding problems in daily life. Counseling is available in English, Chinese, and Korean.</p> <p>*For telephone reservations, please call ☎6772-1127.</p> <p>◎First Wednesday of the month ／Osaka International House 🕒 13:00~16:00</p> <p>◎Third Wednesday of even numbered months ／Osaka International House 🕒 17:00~20:00</p> <p>◎Third Wednesday of odd numbered months ／Osaka International House 🕒 13:00~16:00</p> <p>*Implemented on the following day if this day falls on a holiday.</p>	<p>Osaka International House ☎6773-6533 8-2-6 Uehonmachi, Tennoji Ward (Subway: "Tanimachi 9-chome" Station, Kintetsu: "Uehonmachi" Station)</p>

🕒... Open Hours